

# Food: Eating and Cooking

Here are some essential words for talking about eating food and cooking food.

## A. Food Adjectives

<i>To Describe Condition</i>	<i>To Describe Quality/Taste</i>
fresh (new)	crispy
off (old-bad)	sour
past its sell-by date (old)	creamy
raw (not cooked)	fresh
ripe (ready to pick /eat)	mouth-watering
rotten (gone bad)	chewy
tough (hard to chew)	succulent
undercooked (not cooked)	spicy
unripe (not ready to eat)	fattening
overcooked (cooked for too long)	healthy

## B. Food Verbs

bake (a cake, bread)  
boil (an egg, a chicken)  
cook ( a meal)  
fry ( an egg, bacon)  
grill ( a steak, chicken, fish)  
heat (oatmeal, soup)  
microwave (leftovers, instant food)  
poach (an egg)  
roast (a chicken, beef)  
steam (vegetables)  
stew (vegetables, meat)

## Exercises

A. Are the following sentences **correct**? If not, change the words so the sentences make sense.

1. That apple is **raw**.
2. I love **fresh** fish.
3. This banana is really **tough**.
4. **Ripe** beef is my favourite.
5. This chicken is **undercooked**, don't eat it.
6. I prefer **fresh** vegetables.
7. Yum, this pasta is **undercooked**.
8. Don't eat that it is **rotten**.

B. Match the following foods to **possible verbs**.

For example: apple = stew, bake

1. chicken =
2. beef =
3. an egg =
4. carrot =
5. cream soup =
6. bread
7. a hamburger =
8. noodles =

C. Make pairs, with your partner try to complete the following tasks **before** the other pairs.....**Go!!!!**

Make a list of:		
10 fruits	10 vegetables	6 meats